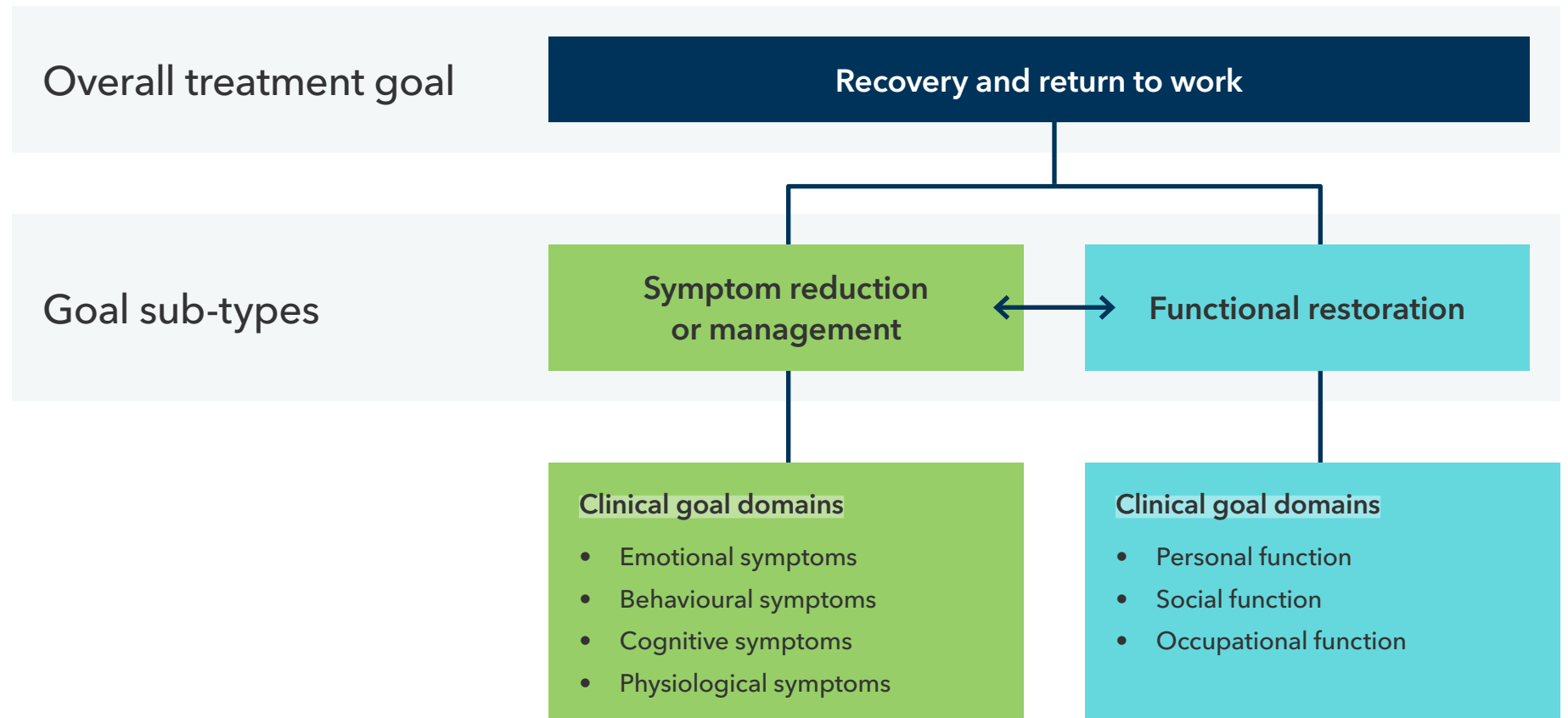


# Goal levels

The WSIB's overall goal for treatment is **recovery and return to work**. These goals can be divided into sub-goals which relate to various domains in the patient's life.



**Symptom reduction or management goals** address cognitions, emotions, behaviours or physiological responses that have emerged or been exacerbated by a work-related incident or exposure. These goals are aimed at reducing symptoms or self-managing ongoing symptoms.

**Functional restoration goals** address impairments to the patient's ability to engage in their personal, social and/or occupational environments. These goals involve skill development, adaptation, or accommodation.